

Women Advancing Women Through Professional Development

At CPAFE, you will find professional women who have the same goal as you: to make a powerful impact in the business world.

Meeting topics include:

- *Leadership*
- *Negotiating*
- *Business Financial Basics*
- *Customer Relations*
- *Networking*
- *Work / Life Balance*
- *Health and Wellness*

Benefits of membership

- *Networking*
- *Managerial development and education*
- *Mentoring*
- *Mutually beneficial relationships with professional women*
- *Business development*



The Central Pennsylvania Association for Female Executives (CPAFE) benefits career-oriented women in Central Pennsylvania.

CPAFE advances women in the workplace through networking, mentoring and educating. Join us for our monthly meetings or special events. CPAFE is open to all women in the workforce - not only women in executive-level positions.

The Central Pennsylvania Chapter includes members from Harrisburg, Carlisle, Camp Hill, Hershey, Lancaster, Lebanon, Gettysburg and York. CPAFE is the largest, most far-reaching network for woman executives in the Capital Region.

CPAFE Meetings...

Meetings are usually held the first Wednesday of each month at 8 a.m. at :

Giant Super Foods Community Room
3301 Trindle Road
Camp Hill, PA 17011

Evening events also held several times a year. Visit our website for information about upcoming meetings . Guests can try us out for \$10 per regular meeting.

Simply pay at the door!

www.cpafe.org



ADVANCING
WOMEN IN THE
WORKPLACE

Welcome to the Central Pennsylvania Association for Female Executives (CPAFE)

CPAFE is a dynamic group of women dedicated to advancing women in the workplace.

Whether you work for a company, or work for yourself, CPAFE will empower you to reach your professional goals.

Our Mission

CPAFE advances women in the workplace through networking, mentoring and educating.

Networking

CPAFE offers a unique forum to meet women who are successful in all aspects of business - from the corporate ranks to entrepreneurs. Every meeting and event allows ample opportunity to hone networking skills while enjoying the company of business-minded women. A highlight of CPAFE's networking development is our annual "Speed Networking," a fast-paced event not to be missed!

Mentoring

CPAFE is the only women's organization in Central PA with an established, formal Mentoring Program that promotes "women advancing women." The Mentoring Committee matches members with an interest in nurturing their career with members who are eager to share their professional experiences. Each class of participants is provided with team-building activities, relationship training, reference materials and program monitoring to support a successful match. In return, mentors and protégés are asked to make a 12-month commitment to the pairing and pledge to hold monthly, informal meetings at a convenient time and location.

Educating

CPAFE encourages professional development through its programming. Each monthly meeting includes speakers who will share leadership, marketing, financial planning or interpersonal skills. Participating on any of CPAFE's committees also provides a great opportunity to learn new skills and form closer relationships with other dynamic women. Build upon and learn new, marketable skills within the finance, marketing, membership, mentoring and programming committees.



Membership Advantages

A CPAFE membership provides valuable benefits including:

- career information, training and mentoring;
- national and local networking opportunities;
- access to health insurance and office supplies; and
- discounted travel and business services.

Interested in becoming a member? Try us out. Come to our next monthly meeting:

When: 8:00 a.m.

First Wednesday of most months*

Where: Giant Super Foods
Community Room

3301 Trindle Road, Camp Hill

Guest Cost: \$10.00

*Evening events, in place of morning meetings, are held at various locations a few times a year.

For a complete schedule, please visit our website at:

www.cpafe.org

